



## CAMP ATARA – Sample Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Barbeque Chicken Rice String Beans Bread Watermelon	3 Fish Sticks Spaghetti Ketchup Bread	4 Lasagna Cucumber Slices Bread	5 Pizza French Fries Ketchup Chocolate Milk	6 Macaroni & Cheese Mixed Vegetables Bread
9 Hushpuppies Baked Beans Bread Watermelon	10 Baked Ziti Tuna Salad Cucumber Slices Bread	11 Chicken Nuggets Corn Ketchup	12 Pizza French Fries Ketchup Chocolate Milk	13 Macaroni & Cheese Mixed Vegetables Bread
16 Beef Burgers Buns Baked Beans Ketchup Watermelon	17 Potato Bourekas American Cheese Applesauce Bread	18 Hot Dogs Buns Corn Mustard	19 Pizza French Fries Ketchup Chocolate Milk	20 Macaroni & Cheese Mixed Vegetables Bread
23 Spaghetti & Meatballs Sliced Cucumbers Bread Watermelon	24 Bagel Tuna Cream Cheese Pickles	25 Deli Bread Corn Ketchup Mustard	26 Pizza French Fries Ketchup Chocolate Milk	27 Macaroni & Cheese Mixed Vegetables Bread

- Punch & water will be served with meat lunches.
- Milk will be served with dairy lunches.
- If your daughter does not like the lunch please send lunch from home.